



JERSEY JUDO

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SPORT
MARTIAL ART
SELF DEFENCE
FITNESS
SUITABLE AGES 8 - 80
MEN, WOMEN, BOYS & GIRLS

Torakan Judo Club
Communicare
St Brelade

Juniors 19.00 - 20.00
Seniors 20.00 - 21.00

Thursdays (TTO)

Torakan@jerseyjudo.co.uk

Tel: 07797 850370

Jersey Judo Club
FB Fields
St Clement

Juniors 18.30 - 19.30
Seniors 19.30 - 20.30

Tuesdays & Wednesdays

jjc@jerseyjudo.co.uk

Tel: 07797 743112